



# **RULE BOOK**

**Updated November 13 2023**



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For reference to the FIBA rule book  
visit the following link:

<https://www.fiba.basketball/documents/official-basketball-rules/current.pdf>

# Overview

Woodstock Oxford Minor Basketball Association (WOMBA) is an entirely volunteer run organization focused on teaching children to love the game of basketball.

Our fair play house league gives all participants a chance to play and grow their skills. Our emphasis is on teamwork and positive reinforcement.

When refereeing a game in WOMBA, our focus is on safety first. We are always looking to curb rough play with a zero tolerance approach.

Parents and Coaches are encouraged to direct all concerns and criticisms to the division convenors, not directly to the game officials. Convenors will ensure a safe environment for the referees.

We have division specific changes to the FIBA basketball rules in order to help with skill development. This rule book will outline changes so that referees can reference it before the game.

# Minor Atom

All FIBA rules apply except for the following changes

## **GAME PLAYING TIME**

Games will consist of 2 Twenty minute halves, with player substitutions at intervals of 3 minutes. Substitutions should be made at a stop in play when possible.

## **OUT OF BOUNDS**

Baseline out of bounds will be measured at the wall in the Oliver Stevens gym. There is insufficient space for inbounds under the basket to call an “over the line” infraction. The player will be considered inbounds as long as they do not touch the wall, and will be considered out of bounds for a throw-in as long as they are close to the wall.

Sidelines out of bounds will be identified by the convenor at the start of the game.

## **SHOT CLOCK**

There is no shot clock but players are encouraged to shoot often.

## **THREE POINT SHOTS**

There is no three point line at this age group. All shots will be worth 2 points.

## **FULL COURT PRESS / OVER-AND-BACK**

There is no full court press allowed. After a basket is made, all players on the offensive (scoring) team must retreat behind half court and prepare to play defence. They are not allowed to cross half court, until the team with possession of the ball crosses the half court line. Over-and-back will not be called. In the second half of the season, players must cross half within 10 seconds.

## **SHOOTING FOULS**

There is no free throw awarded on a shooting foul. All fouls result in an out of bounds throw in for the team awarded the ball.

## **3 SECONDS IN THE KEY**

As players learn the game, this rule will be introduced in later divisions. Referees are encouraged to remind players that they cannot stand “under the basket”, but no infraction will be called.

## **DOUBLE TEAM**

There is no double team defence allowed. Each player must stay with their assigned defensive assignment, determined at the start of each 3 minute shift.

# Atom

All FIBA rules apply except for the following changes

## **GAME PLAYING TIME**

Games will consist of 2 Twenty minute halves, with player substitutions at intervals of 3 minutes. Substitutions should be made at a stop in play when possible.

## **OUT OF BOUNDS**

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Sidelines out of bounds will be identified by the convenor at the start of the game.

## **SHOT CLOCK**

There is no shot clock but players are encouraged to shoot often.

## **THREE POINT SHOTS**

There is no three point line at this age group. All shots will be worth 2 points.

## **FULL COURT PRESS / OVER-AND-BACK**

There is no full court press allowed. After a basket is made, all players on the offensive (scoring) team must retreat behind half court and prepare to play defence. They are not allowed to cross half court, until the team with possession of the ball crosses the half court line. Over-and-back will not be called. In the second half of the season, players must cross half within 10 seconds.

## **SHOOTING FOULS**

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## **3 SECONDS IN THE KEY**

As players learn the game, this rule will be introduced in later divisions. Referees are encouraged to remind players that they cannot stand “under the basket”, but no infraction will be called.

## **DOUBLE TEAM**

There is no double team defence allowed. Each player must stay with their assigned defensive assignment, determined at the start of each 3 minute shift.

# Minor Bantam

All FIBA rules apply except for the following changes

## **GAME PLAYING TIME**

Games will consist of 2 Twenty minute halves, with player substitutions at intervals of 3 minutes. Substitutions should be made at a stop in play when possible.

## **SHOT CLOCK**

There is no shot clock but players are encouraged to shoot often.

## **THREE POINT SHOTS**

There is no three point line at this age group. All shots will be worth 2 points.

## **FULL COURT PRESS / OVER-AND-BACK**

There is no full court press allowed. After a basket is made, all players on the offensive (scoring) team must retreat behind half court and prepare to play defence. They are not allowed to cross half court, until the team with possession of the ball crosses the half court line. Over-and-back will start to be called at this division.

## **SHOOTING FOULS**

Free throws are awarded on a shooting foul. All other fouls result in an out of bounds throw in for the team awarded the ball.

## **3 SECONDS IN THE KEY**

Referees are encouraged to remind players that they cannot stand “under the basket”, but no infraction will be called in the first half of the season.

In the second half of the season, offensive players in the key will be issued an infraction if they are in the area for over 3 seconds.

## **DOUBLE TEAM**

There is no double team defence allowed. Each player must stay with their assigned defensive assignment, determined at the start of each 3 minute shift.

# Bantam Boys

All FIBA rules apply except for the following changes

## **GAME PLAYING TIME**

Games will consist of 2 Twenty minute halves, with player substitutions at intervals of 3 minutes. Substitutions should be made at a stop in play when possible.

## **SHOT CLOCK**

There is no shot clock but players are encouraged to shoot often.

## **THREE POINT SHOTS**

There is no three point line at this age group. All shots will be worth 2 points.

## **FULL COURT PRESS / OVER-AND-BACK**

There is no full court press allowed. After a basket is made, all players on the offensive (scoring) team must retreat behind half court and prepare to play defence. They are not allowed to cross half court, until the team with possession of the ball crosses the half court line. Over-and-back will be called at this division.

## **SHOOTING FOULS**

Free throws are awarded on a shooting foul. All other fouls result in an out of bounds throw in for the team awarded the ball.

## **3 SECONDS IN THE KEY**

Referees are encouraged to remind players that they cannot stand “under the basket”, but no infraction will be called in the first half of the season.

In the second half of the season, offensive players in the key will be issued an infraction if they are in the area for over 3 seconds.

## **DOUBLE TEAM**

There is no double team defence allowed. Each player must stay with their assigned defensive assignment, determined at the start of each 3 minute shift.

# Bantam Girls

All FIBA rules apply except for the following changes

## **GAME PLAYING TIME**

Games will consist of 2 Twenty minute halves, with player substitutions at intervals of 3 minutes. Substitutions should be made at a stop in play when possible.

## **SHOT CLOCK**

There is no shot clock but players are encouraged to shoot often.

## **THREE POINT SHOTS**

There is no three point line at this age group. All shots will be worth 2 points.

## **FULL COURT PRESS / OVER-AND-BACK**

There is no full court press allowed. After a basket is made, all players on the offensive (scoring) team must retreat behind half court and prepare to play defence. They are not allowed to cross half court, until the team with possession of the ball crosses the half court line. Over-and-back will be called at this division.

## **SHOOTING FOULS**

Free throws are awarded on a shooting foul. All other fouls result in an out of bounds throw in for the team awarded the ball.

## **3 SECONDS IN THE KEY**

Referees are encouraged to remind players that they cannot stand “under the basket”, but no infraction will be called in the first half of the season.

In the second half of the season, offensive players in the key will be issued an infraction if they are in the area for over 3 seconds.

## **DOUBLE TEAM**

There is no double team defence allowed. Each player must stay with their assigned defensive assignment, determined at the start of each 3 minute shift.



# High School

All FIBA rules apply except for the following changes

## **GAME PLAYING TIME**

Games will consist of 2 Twenty-five minute halves, with player substitutions at intervals of 4 minutes. Substitutions should be made at a stop in play when possible.

## **SHOT CLOCK**

There is no shot clock but players are encouraged to shoot often.

## **SHOOTING FOULS**

Free throws are awarded on a shooting foul. All other fouls result in an out of bounds throw in for the team awarded the ball.

## **3 SECONDS IN THE KEY**

Referees are encouraged to remind players that they cannot stand “under the basket”, and if the offensive player remains in the key, an infraction will be called if they are in the key longer than 3 seconds.

## **FULL COURT PRESSURE**

In the event that either team holds a 15 point (or more) lead, no more full court pressure may be applied. The defending team must retreat behind halfcourt before applying defensive pressure.